



Professional Disclosure Statement

Robyn G. Nofle, MSW, LCSWA

Lewisville Family Counseling, PLLC | 6614 Shallowford Road, Suite 250 | Lewisville NC 27023

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<http://www.lewisvillefamilycounseling.com>

Professional Background

I graduated in May 2018 with a Master of Social Work from the University of North Carolina at Charlotte. I am a Licensed Clinical Social Worker Associate (LCSWA) in the State of North Carolina and in the process of completing the necessary requirements to become a Licensed Clinical Social Worker (LCSW).

Counseling Experience

During my graduate studies, I completed a yearlong internship at Lewisville Family Counseling, PLLC. I have experience working with children, adolescents, adults, and families with a variety of mental and emotional issues, including: anxiety, depression, adjustment/transition, self-harm, school/work problems, behavioral issues, ADHD, domestic violence, and family conflict.

Services Offered

I offer comprehensive clinical assessments and tailored interventions to meet the individual needs of clients. I work with children, adolescents, adults, and families. My theoretical orientation is primarily cognitive behavioral therapy (CBT), but I also pull from systems theory, strengths-based approaches, solution-focused therapy, motivational interviewing, mindfulness, and other interventions. Sessions last approximately 55 minutes, unless longer sessions are requested. Assessments can take more than one session to complete.

Restricted Licensure

Effective May 31, 2018, I am a Licensed Clinical Social Worker Associate in North Carolina (License #P012510). I am under the supervision of Sarah MacReynolds, MSW, LCSW. All clients are encouraged to discuss any concerns directly with me. However, if you need to contact my supervisor you may. Her contact information is as follows:

6614 Shallowford Road, Suite 250 | Lewisville, NC 27023

Phone: 336-945-0137 | Fax: 336-946-9084 | sarah@lewisvillefamilycounseling.com

Fees

Intake Assessment (55 minutes) – \$125.00

Therapy Session (55 minutes) – \$100.00

Please note that if sessions go over, the over-time will be charged at the rate of \$37.50 at the start of every 15 minutes. This charge is not covered by insurance and will be billed through private payment.

Payment is due at the time of service. I accept cash, check, and/or credit cards. Checks are to be made out to *Lewisville Family Counseling*. A \$30 fee is charged for all returned checks. At this time, I accept private pay and BCBS (with the exception of Blue Value which I do not accept). Due to rising costs and inflation, Lewisville Family Counseling reviews our fee schedule twice per year in January and July, during which a fee increase may take place.

Please note that I do not offer services related to court or custody hearings. In the event that I am subpoenaed or must appear in court, the fee is \$200 per hour that I would be out of the office (including travel time). Fees for medical records are as follows: seventy-five cents (75¢) per page for the first 25 pages, fifty cents (50¢) per page for pages 26 through 100, and twenty-five cents (25¢) for each page in excess of 100 pages. Lewisville Family Counseling may impose a minimum fee of up to ten dollars (\$10.00), inclusive of copying costs. A fee equivalent to my hourly rate may be charged for researching and writing a summary of a medical record.

Cancellations

If you must cancel an appointment, please do so within 24 hours notice. If an appointment is cancelled late, that is with less than 24 hours notice, **a cancellation fee of \$50 will be charged**. If you miss an appointment without calling to cancel, your future appointments may be canceled. If I need to cancel an appointment for any reason, I will give as much advance notice as possible and will make every effort to reschedule the appointment for a later time in the day or on a different day. **PLEASE INITIAL** _____

Inclement Weather

In the case of inclement weather, please use your discretion about whether or not to travel to your appointment. If you choose to cancel your appointment, please call the office and leave a message. If we have not already contacted you and you need to find out if the office will be closed due to inclement weather, you can call the office at 336-945-0137, check our website at <https://www.lewisvillefamilycounseling.com/InclementWeatherInformation.en.html>, or e-mail your counselor.

Confidentiality

The information discussed in your sessions is considered confidential, which means that I will not share that information with anyone other than my clinical supervisors unless you provide your written information for me to do so. There are, however, limits to confidentiality in which I may be obligated to break confidentiality. These situations include:

- Child or elder abuse or neglect
- Danger to the client or identified others
- Danger of contagion of life-threatening diseases
- A court order for disclosure
- Involvement of a DSS worker or guardian ad litem
- A request for information from the parent of a minor child

In addition to what is discussed in our sessions, the fact that you are attending counseling is also confidential. For this reason, if I see you in public, I will protect your confidentiality by greeting you only if you greet me first.

As a provisionally licensed clinician, it may be necessary for my supervisor to observe a session. This could include direct observation or an audio and/or video recording. These recordings will serve as a part of my supervision, and will only be shared with my supervisor. I will notify you before the session starts if you will be recorded or if my supervisor will be present.

_____ **By initialing this confidentiality section, I give Robyn Nofle permission to audio and/or video record sessions for supervisory purposes.**

Security and Privacy with Electronic Communication

E-mail and texting can often be convenient methods of communication. When you register online as a client with Lewisville Family Counseling, you will have an option to receive appointment reminders via text or e-mail. Please be aware that e-mail and text are not secure methods of communication and keep this in mind if you choose to provide us with an e-mail address and phone number and choose to communicate by these means. By providing Lewisville Family Counseling with an e-mail address and cell phone number (on this form and/or in the electronic medical record), you are agreeing to receive e-mail and text communication from us.

I **do** **do not** give permission for Lewisville Family Counseling staff and contractors to e-mail me at the following address(es):

I **do** **do not** give permission for Lewisville Family Counseling staff and contractors to text me at the following phone number(s):

I **do** **do not** give permission for Lewisville Family Counseling staff and contractors to leave a voicemail for me at the following phone number(s):

Professional Relationships/Social Media

The counseling relationship is different from any other kind of relationship. Because a counselor is not a friend, family member, or other personal relationship, it can be a safer relationship in which to discuss very personal matters that may be difficult to share with others who are close to you. Therefore, it is important to protect the boundaries of the professional counseling relationship. In order to protect your boundaries and the confidentiality of the professional relationship, I do not connect with clients on social media.

Diagnosis

The counseling relationship begins with an assessment, in which information is gathered about your symptoms, strengths, problems, and relevant history. Part of that process can include determining an accurate mental health diagnosis, which would become a permanent part of your medical record. The diagnosis is not a label, but is helpful in determining the most appropriate course of treatment for your particular needs. At your initial session, I will complete an assessment in order to help determine the most appropriate course of treatment. I take great caution before assigning any patient a diagnosis, especially children, and will continue to reevaluate the symptoms and progression throughout the course of treatment.

Termination of Counseling

Please advise your therapist or the administrative assistant if you no longer wish to continue with treatment. After a period of sixty (60) days with no contact from you, your therapist will terminate the therapy contract and discharge you from services at that time. You may call the office at any time to resume services, at which time a new intake packet can be completed.

Code of Ethics

Ethical conduct is vital in the field of counseling. As a clinical social worker, I follow the Code of Ethics for the National Association of Social Workers (NASW). The Code of Ethics can be accessed from the website at: <https://www.socialworkers.org/About/Ethics/Code-of-Ethics/Code-of-Ethics-English>

Complaints

If you are not satisfied with any part of the services you receive from me or if you have a complaint, I encourage you to discuss this with me. If we are unable to resolve a complaint or if you wish to contact the LCSW Board directly, you can contact the North Carolina Social Work Licensing Board at P.O. Box 1043, Asheboro, NC 27204, or 336-625-1679.

_____ Date _____
Robyn Noftle, MSW, LCSWA

_____ Date _____
Client Printed Name

_____ Date _____
Client Signature

_____ Date _____
Parent/Guardian Printed Name (if applicable)

_____ Date _____
Parent/Guardian Signature (if applicable)