



### **Professional Disclosure Statement**

**Jennifer B. Locklear, MS/EdS, NCC, LPCS, ACS, ICAADC, LCAS, BCPCC, CCS, ICCS, CCH, BC-TMHP, MAC**

Lewisville Family Counseling, PLLC • PO Box 267 • 6614 Shallowford Rd Ste 250, Lewisville NC 27023

Phone 336-945-0137 • Fax 336-946-9084 • Jennifer@lewisvillefamilycounseling.com

<http://www.lewisvillefamilycounseling.com>

### Professional Background

I graduated from The University of North Carolina at Greensboro's Department of Counseling and Educational Development in 2004 with a Master of Science in Community Counseling and an Education Specialist in Marriage and Family Counseling. I am a member of the American Counseling Association (ACA) and the Licensed Professional Counselors Association of North Carolina (LPCANC). My Licenses and Certifications include:

- National Certified Counselor, Certificate # 95255, since 1/26/2005
- Licensed Professional Counselor, License # 5123, since 12/2/2005
- Licensed Professional Counselor Supervisor, License # S5123, since 8/4/2011
- Approved Clinical Supervisor, Certificate # ACS01460, since 1/30/2013
- Internationally Certified Advanced Alcohol and Drug Counselor, Certificate # 710908, since 2/2/2013
- Licensed Clinical Addictions Specialist, License # 3019, since 2/5/2013
- Board Certified Professional Christian Counselor, Certificate # 1202, since 2/12/2015
- Certified Clinical Supervisor, Certificate # 10107, since 3/18/2015
- Internationally Certified Clinical Supervisor, Certificate # 706700, since 3/18/2015
- Certified Consulting Hypnotist, NHG ID 50334, since 9/27/2015
- Master Addiction Counselor, Certificate #510693, since 11/30/2016
- Board Certified TeleMental Health Provider, Certificate # 894, 9/7/2018

### Counseling Experience

I have had 13 years of professional counseling experience. My counseling experience includes the assessment and treatment of children, adolescents, and adults; families, couples, pregnant teenagers and adults, at-risk youth, group counseling, multi-family groups, grief counseling, and counseling with the Severely and Persistently Mentally Ill adult population. I have worked with adolescents and adults with substance use diagnoses, as well as children, adolescents, and adults with a wide variety of mental health diagnoses as well as personal enrichment. I have provided counseling services in a variety of settings including the office, clients' homes, schools, and other community settings. Assessment instruments I have used include the Substance Abuse Subtle Screening Inventory (SASSI) for adolescents and adults, Mental Status Exam, Comprehensive Clinical Assessment, Diagnostic Assessment, Beck Depression Inventory, Beck Hopelessness Scale, and Beck Anxiety Inventory.

### Services Offered

I offer comprehensive clinical assessments, individual, group, and family counseling to children, adolescents, and adults with a wide range of mental health and substance use diagnoses, as well as couples counseling and personal enrichment. My theoretical orientation includes a cognitive behavioral approach, which focuses the relationship between a person's thoughts and a person's feelings. I have been trained to use yoga in a behavioral health setting. From my yoga training, I often use breathing, mindfulness, and meditation in counseling sessions. I am a Certified Consulting Hypnotist with the National Guild of Hypnotists and offer clinical hypnotherapy. I also utilize aspects of Motivational Interviewing, which focuses on the process of change and your investment in that process. When working with families, I include aspects of Cognitive Behavior Therapy, Gottman Method, as well as Family Systems Theory to enhance family roles and relationships. I have completed Level 1, Level 2, and Level 3 Training in Gottman Method Couples Therapy, and use this form of treatment with couples. While I have taken training in the Gottman Method Couples Therapy, I want you to know that I am completely independent in providing you with clinical services and I alone am fully responsible for those services. The Gottman Institute or its agents have no responsibility for the services you receive. I am a Board Certified Professional Christian Counselor, and can incorporate Christian Counseling for those who prefer to incorporate Christianity into their treatment. Please note that Christian Counseling is an option and NOT a requirement. Sessions generally last for 55 minutes, unless longer sessions are requested (see fee schedule below).

Assessments can take more than one session to complete.



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Fees

My customary fee schedule is determined according to the type of service that you receive:

Intake Assessment	\$175
Therapy Session (55 minutes)	\$150
Therapy Session (85 minutes)	\$200
Therapy Session (115 minutes)	\$250
Couples Intensive (3 days)	\$3000

Please note that if sessions go over, the over-time will be charged at the rate of \$37.50 at the start of every 15 minutes. This charge is not covered by insurance and will be billed through private payment.

At this time, I accept the following types of insurance: Blue Cross Blue Shield, with the exception of Blue Value. Most insurance companies require a diagnosis in order to reimburse for counseling services. You are responsible for contacting your insurance provider in order to confirm your mental health and/or substance abuse counseling benefits; they will advise you of your benefit coverage including copayments or coinsurance. Generally, since couples counseling is not covered by insurance companies, I only accept private pay for couples counseling. I accept cash, checks, and credit cards. A \$30 fee is charged for all returned checks. Payment is due at the time of service. Due to rising costs and inflation, Lewisville Family Counseling reviews our fee schedule twice per year in January and July, during which a fee increase may take place. **Please note that I do not offer services related to court or custody hearings.** In the event that I am subpoenaed or must appear in court, the fee is \$200 per hour that I would be out of the office (including travel time). Fees for medical records are as follows: seventy-five cents (75¢) per page for the first 25 pages, fifty cents (50¢) per page for pages 26 through 100, and twenty-five cents (25¢) for each page in excess of 100 pages. Lewisville Family Counseling may impose a minimum fee of up to ten dollars (\$10.00), inclusive of copying costs. A fee equivalent to my hourly rate (\$150 per hour) may be charged for researching and writing a summary of a medical record.

Cancellations

If you must cancel an appointment, please do so within 24 hours notice. If an appointment is cancelled late, that is with less than 24 hours notice, **a late cancellation fee of \$50 will be charged.** If you utilize insurance, please note that insurance does not cover late cancellations and so you will be responsible for the full late cancellation fee. If you miss an appointment without calling to cancel, your future appointments may be canceled. **PLEASE INITIAL \_\_\_\_\_**

Termination of Counseling/Discharge

Please advise your therapist or the administrative assistant if you no longer wish to continue with treatment. After a period of sixty (60) days with no contact from you, your therapist will terminate the therapy contract and discharge you from services at that time. You may call the office at any time to resume services, at which time a new intake packet can be completed.

Inclement Weather

In the case of inclement weather, please use your discretion about whether or not to travel to your appointment. If you choose to cancel your appointment, please call the office and leave a message. If we have not already contacted you and you need to find out if the office will be closed due to inclement weather, you can call the office at 336-945-0137, check our website at <https://www.lewisvillefamilycounseling.com/InclementWeatherInformation.en.html>, or e-mail your counselor.

Confidentiality

The information discussed in your sessions is considered confidential, which means that I will not share that information with others unless you provide your written permission for me to do so. There are, however, limits to confidentiality in which I may be obligated to break confidentiality. These situations include:

- Child or elder abuse or neglect
- Danger to the client or identified others
- Danger of contagion of life-threatening diseases



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- A court order for disclosure
- Involvement of a DSS worker or guardian ad litem
- A request for information from the parent of a minor child

Security and Privacy with Electronic Communication

E-mail and texting can often be convenient methods of communication. When you register online as a client with Lewisville Family Counseling, you will have an option to receive appointment reminders via text or e-mail. Please be aware that e-mail and text are not secure methods of communication, and keep this in mind if you choose to provide us with an e-mail address and phone number and choose to communicate by these means. By providing Lewisville Family Counseling with an e-mail address and cell phone number (on this form and in the electronic medical record), you are agreeing to receive e-mail and text communication from us.

I  do  do not give permission for Lewisville Family Counseling staff and contractors to e-mail me at the following address(es):

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I  do  do not give permission for Lewisville Family Counseling staff and contractors to text me at the following phone number(s):

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I  do  do not give permission for Lewisville Family Counseling staff and contractors to leave a voicemail for me at the following phone number(s):

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Professional Relationships/Social Media

The counseling relationship is different from any other kind of relationship. Because a counselor is not a friend, family member, or other personal relationship, it can be a safer relationship in which to discuss very personal matters that may be difficult to share with others who are close to you. Therefore, it is important to protect the boundaries of the professional counseling relationship. In order to protect your boundaries and the confidentiality of the professional relationship, I do not connect with clients on social media.

Diagnosis

The counseling relationship begins with an assessment, in which information is gathered about your symptoms, strengths, problems, and relevant history. Part of that process can include determining an accurate mental health and/or substance use diagnosis, which would become a permanent part of your medical record. The diagnosis is not a label, but is helpful in determining the most appropriate course of treatment for your particular needs. At your initial session, I will complete an assessment in order to help determine the most appropriate course of treatment.

Code of Ethics

Ethical conduct is vital in the field of counseling. As a counselor and supervisor, I follow the Code of Ethics for the American Counseling Association (ACA) as well as the Center for Credentialing and Education's Approved Clinical Supervisor (ACS) Code of Ethics. These Codes of Ethics can be accessed from the website <http://www.ncblpc.org/law-and-codes>.



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Complaints

If you are not satisfied with any part of the services you receive from me or if you have a complaint, I encourage you to discuss this with me. If we are unable to resolve a complaint or if you wish to contact the LPC Board directly, you can contact the North Carolina Board of Licensed Professional Counselors at P.O. Box 77819, Greensboro, NC 27417, or by phone at 336-217-6007 or 844-622-3572.

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Client Printed Name:

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Client Signature:

Date

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Parent/Guardian Printed Name:

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Parent/Guardian Signature:

Date