



Professional Disclosure Statement
Antoine J. Charles MA, LCAS, CCS-I, CSAC

Lewisville Family Counseling, PLLC • PO Box 267 • 6614 Shallowford Rd Ste 250, Lewisville NC 27023
Phone 336-945-0137 • Fax 336-946-9084 • Antoine@lewisvillefamilycounseling.com
<http://www.lewisvillefamilycounseling.com>

Professional Background

I graduated from Liberty University's Department of Counseling with a Master of Arts in Professional Counseling in 2018. In addition, I have an undergraduate degree in Biblical Studies. I am a Licensed Clinical Addiction Specialist and a member of National Association of Alcohol Drug Addiction Counselors (NAADAC), Addiction Professionals of North Carolina (APNC). My Licenses and Certifications include:

- Licensed Clinical Addictions Specialist, License # 23019, since 06/06/2018
- Certified Clinical Supervisor Intern, Certificate # 21139, since 08/01/2018
- Certified Substance Abuse Counselor, Certificate # 21550, since 01/20/2015

Restricted Certification

I am a Certified Clinical Supervisor Intern by the North Carolina Substance Abuse Professional Practice Board. As a requirement for restricted licensure, a board approved clinical supervisor, Jennifer Locklear will be providing clinical oversight of my counseling experience. Supervision will occur one hour per 80 hours of work. Components of supervision include discussions surrounding clinical cases, occurring in either individual or group format, utilizing modalities of audio/video recordings, or live observations of counseling sessions. Recordings and live observation data will be used solely for the purpose of receiving supervision. Upon completion of review of any session recordings the recording will be immediately destroyed. Notification of recording or live observation of counseling sessions will be indicated prior to counseling sessions.

Please initialing if you DO permit Antoine Charles to audio/video record sessions for supervisory purposes. **Initial _____ Please initial if you DO NOT permit** sessions to be audio/video recorded. **Initial _____**

Should you have any questions or feel the need to contact my supervisor, her contact information is indicated below:

Jennifer Locklear, MS/EdS, NCC, LPCS, LCAS, CCS (#S5123) Lewisville Family Counseling, PLLC.
PO Box 267 , Lewisville NC 27023
Phone: 336-945-0137
Email: jennifer@lewisvillefamilycounseling.com

Counseling Experience

I have 3 years of experience in working in the professional field of addition counseling. Within my counseling experience, I have provided comprehensive clinical assessments, diagnosis, treatment planning, individual and group counseling for male adults 18 and up. I have worked with co-occurring disorders, which include depression, anxiety and mood disorders present with substance abuse. My experience in working with addiction has occurred in a residential treatment setting. The various frameworks of treatment I use include Adlerian Therapy, Solution Focus Brief Therapy, Motivational Interviewing, Cognitive Behavioral Therapy, Mindfulness, Gestalt Therapy and Biblical Counseling. Finally, I utilize my personal experience of recovery as an tool in counseling.

Services Offered

I provide comprehensive clinical assessments and treatment to individuals, groups, and as related to addiction family counseling. In Adlerian Therapy we explore social interest, feelings of inferiority and superiority and we work to change the value system. In Motivational Interviewing, we look to capitalize on the motivation to change while moving advancing though the recovery process. The cognitive behavioral approach, which focuses the relationship between a person's thoughts and a person's feelings. Solution Focused Brief Therapy looks to utilize our strengths. The Mindfulness approach emphasizes intentionality with using solutions and techniques collaborated from the counseling sessions to application outside of the counseling setting. The Gestalt approach helps us to stay in the "here and now" and focuses on one day at a time. Finally, Christian counseling **IF PERFERRED** to be **INTEGRATED** in treatment will address the spiritual needs of the recovery process. ***Assessments can take more than one session to complete.**



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Fees

My customary fee schedule is determined according to the type of service that you receive:

Intake Assessment	\$175
Therapy Session (55 minutes)	\$150
Therapy Session (85 minutes)	\$200
Therapy Session (115 minutes)	\$250

Please note that if sessions go over, the over-time will be charged at the rate of \$37.50 at the start of every 15 minutes. This charge is not covered by insurance and will be billed through private payment.

At this time, I accept the following types of insurance: Blue Cross Blue Shield, with the exception of Blue Value. Most insurance companies require a diagnosis in order to reimburse for counseling services. **You are responsible for contacting your insurance provider in order to confirm your mental health and/or substance abuse counseling benefits;** they will advise you of your benefit coverage including copayments or coinsurance. Generally, since couples' counseling is not covered by insurance companies, I only accept private pay for couples' counseling. I accept cash, checks, and credit cards. A \$30 fee is charged for all returned checks. Payment is due at the time of service. Due to rising costs and inflation, Lewisville Family Counseling reviews our fee schedule twice per year in January and July, during which a fee increase may take place. Please note that I do not offer services related to court or custody hearings. In the event that I am subpoenaed or must appear in court, the fee is \$200 per hour that I would be out of the office (including travel time). Fees for medical records are as follows: seventy-five cents (75¢) per page for the first 25 pages, fifty cents (50¢) per page for pages 26 through 100, and twenty-five cents (25¢) for each page in excess of 100 pages. Lewisville Family Counseling may impose a minimum fee of up to ten dollars (\$10.00), inclusive of copying costs. A fee equivalent to my hourly rate (\$150 per hour) may be charged for researching and writing a summary of a medical record.

Cancellations

If you **must cancel** an appointment, please do so within a **24-hour** notice. If an appointment is cancelled late, that is with less than a **24-hour** notice, a late cancellation fee of \$50 will be charged. If you utilize insurance, please note that insurance does not cover late cancellations and so you will be responsible for the full late cancellation fee. If you miss an appointment without calling to cancel, your future appointments may be canceled. **PLEASE INITIAL _____**

Termination of Counseling/Discharge

Please advise your therapist or the administrative assistant if you no longer wish to continue with treatment. After a period of sixty (60) days with no contact from you, your therapist will terminate the therapy contract and discharge you from services at that time. You may call the office at any time to resume services, at which time a new intake packet can be completed.

Inclement Weather

In the case of inclement weather, please use your discretion about whether or not to travel to your appointment. If you choose to cancel your appointment, please call the office and leave a message. If we have not already contacted you and you need to find out if the office will be closed due to inclement weather, you can call the office at 336-945-0137, check our website at <https://www.lewisvillefamilycounseling.com/InclementWeatherInformation.en.html>, or e-mail your counselor.

Confidentiality

The information discussed in your sessions is considered confidential, which means that I will not share that information with others unless you provide your written permission for me to do so. There are, however, limits to confidentiality in which I may be obligated to break confidentiality. These situations include:

- Child or elder abuse or neglect
- Danger to the client or identified others
- Danger of contagion of life-threatening diseases
- A court order for disclosure
- Involvement of a DSS worker or guardian ad litem
- A request for information from the parent of a minor child



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Security and Privacy with Electronic Communication

E-mail and texting can often be convenient methods of communication. When you register online as a client with Lewisville Family Counseling, you will have an option to receive appointment reminders via text or e-mail. Please be aware that e-mail and text are not secure methods of communication, and keep this in mind if you choose to provide us with an e-mail address and phone number and choose to communicate by these means. By providing Lewisville Family Counseling with an e-mail address and cell phone number (on this form and/or in the electronic medical record), you are agreeing to receive e-mail and text communication from us.

I do do not give permission for Lewisville Family Counseling staff and contractors to e-mail me at the following address(es):

I do do not give permission for Lewisville Family Counseling staff and contractors to text me at the following phone number(s):

I do do not give permission for Lewisville Family Counseling staff and contractors to leave a voicemail for me at the following phone number(s):

Professional Relationships/Social Media

The counseling relationship is different from any other kind of relationship. Because a counselor is not a friend, family member, or other personal relationship, it can be a safer relationship in which to discuss very personal matters that may be difficult to share with others who are close to you. Therefore, it is important to protect the boundaries of the professional counseling relationship. In order to protect your boundaries and the confidentiality of the professional relationship, I do not connect with clients on social media.

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Diagnosis

The counseling relationship begins with an assessment, in which information is gathered about your symptoms, strengths, problems, and relevant history. Part of that process can include determining an accurate mental health and/or substance use diagnosis, which would become a permanent part of your medical record. The diagnosis is not a label, but is helpful in determining the most appropriate course of treatment for your particular needs. At your initial session, I will complete an assessment in order to help determine the most appropriate course of treatment.

Code of Ethics

Ethical conduct is vital in the field of counseling. As a licensed counselor and clinical supervisor intern, I follow the Code of Ethics for the North Carolina Substance Abuse Professional Practice Board (NCSAPPB) as well as the National Association of Alcohol Drug Addiction Counselors (NAADAC) These Codes of Ethics can be accessed from the website <https://www.ncsappb.org/wp-content/uploads/2013/02/NCSAPPB-ETHICS-RULES.pdf>

<https://www.naadac.org/code-of-ethics>



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Complaints

If you are not satisfied with any part of the services you receive from me or if you have a complaint, I encourage you to discuss this with me. If we are unable to resolve a complaint or if you wish to contact the North Carolina Substance Abuse Professional Practice Board P.O. Box 10126, Raleigh, NC 27605. Ph: 919-832-0975 Fax: 919-833-5743 or the North Carolina Board Licensed Professional Counselors P.O. Box 77819, Greensboro, NC 274171. Ph: 844-622-3572 or 336-217-6007. Email: LPCinfo@ncblpc.org.

Antoine Charles MA, LCAS, CCS-I, CSAC

Date

Client Printed Name:

Client Signature:

Date

Parent/Guardian Printed Name:

Parent/Guardian Signature:

Date